



# FOOD BANK

The Food Bank offers grocery and household staples at no charge to students and their families. This resource, which allows students to stretch their budget dollars, is operated solely on donations.

## Wish List



### **Baking**

- Flour
- Sugar
- Cooking spray
- Olive oil
- Spices/seasonings
- Cocoa powder
- Chocolate chips
- Brownie mix



### **Drinks**

- Juice (fruit & vegetable)
- Hot cocoa
- Tea
- Coffee
- Juice boxes



### **Breakfast**

- Cereal\***
- Oatmeal
- Granola
- Pancake mix



### **Condiments**

- Peanut butter
- Pickles
- Syrup
- Hot sauce
- Jelly/jam
- Barbecue sauce
- Salsa

**\*High need items**



### **Snacks**

- Cookies
- Crackers
- Granola bars
- Pretzels
- Chips
- Jerky
- Dried fruit



### **Canned Food**

- Fruit
- Chicken\***
- Tuna\*
- Soup (and dry mixes)
- Chicken broth
- Beef broth
- Pizza sauce
- Chili
- Stew
- Black beans
- Garbanzo beans
- Baked beans



### **Boxed/Bagged Meals**

- Rice
- Macaroni & cheese
- Skillet meals
- Pasta/Rice sides
- Black beans
- Kidney beans

## FRESH & FROZEN



### Meats

- Beef (1-pound packages)
- Turkey (1-pound packages)
- Pork (1-pound packages)
- Chicken (in official package)
- Fish (in official package)



### Fruits



### Vegetables

## NONFOODS



### Personal Care

- Deodorant (men's)
- Razors
- Shaving cream
- Toothbrushes
- Toothpaste
- Shampoo
- Conditioner
- Body wash
- Liquid hand soap
- Hand sanitizer
- Tampons & pads



### Paper Products

- Paper towels\*
- Toilet paper\*
- Tissues
- Foil
- Plastic wrap
- Trash bags
- Ziplock bags  
(gallon & sandwich)



### Cleaning Supplies

- Dish soap
- Dishwasher detergent
- Disinfecting wipes
- Laundry detergent
- Household cleaners



### Infant & Toddler Products

- Diapers\*
- Wipes
- Soap
- Formula
- Baby food  
(jars & finger)

\*High need items

## SPECIAL NEEDS

Salt-free, sugar-free & gluten-free items.  
Peanut butter alternatives (almond, cashew, sun, etc.)

*We cannot accept expired food, food without expiration dates or medications.*

## YOU CAN HELP!

The Food Bank accepts in-kind and monetary donations.

To make a delivery, please schedule an appointment.

Please mail check made payable to "Concordia Seminary"  
and write "Food Bank" in the memo.

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Concordia  
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